



AMY HAWORTH

Executive Coaching, Innovative Talent Program Advisory

Amy Haworth is an advocate for what companies most need to succeed: people. She brings an empathetic and strategic approach to the moments that matter in the employee journey, including transitions, change & transformation, and advising executives. Her perspective is rooted in business and enhanced by a deep understanding of the psychology of human behavior.

Amy has held roles in leadership, transformation, change management and user experience, across tech (Citrix), consulting (Accenture), creative (Agency.com), and manufacturing (Coors and MillerCoors), and now leads a firm specializing in executive coaching and innovative talent program advisory.

She's a Colorado native (who now lives in Fort Lauderdale, FL) and completed her MBA and BA at the University of Denver. She's an ICF-certified professional coach (ACC), a certified mindfulness meditation facilitator, and a wife, and a mom to a vivacious 12-year-old son.

You can follow her professional perspective on LinkedIn or her more personal reflections on her blog www.NobodyMakesItAlone.com.