



DESMOND LOMAX

SENIOR CONSULTANT | Arbinger Institute

ABOUT ARBINGER

Arbinger is the world leader in mindset change. Through training, consulting, coaching, and implementation programs, Arbinger enables individuals, teams, and organizations to change from the default self-focus of an inward mindset to the impact-focus of an outward mindset. Arbinger provides strategies and behavioral reinforcements that sustain this change. The result is dramatic and sustained improvement in the key success indicators of our client organizations—in their levels of collaboration, employee engagement, accountability, revenue growth, market share, and profitability.

Arbinger's programs and methodology are based on 45 years of research in the psychology of human behavior and motivation, and more than 40 years of experience working with organizations worldwide in the corporate, healthcare, education, government, public safety, and nonprofit sectors. The Arbinger team is comprised of individuals from diverse backgrounds and industries who possess the ability to help individuals and organizations achieve success through a fundamental change in mindset. Arbinger has offices in nearly 30 countries.

Desmond Lomax is a clinical mental health therapist who worked in the field of law enforcement and corrections for over 20 years. He retired from the Utah Department of Corrections, where he worked as the community programming director, in early 2020 and joined Arbinger as a senior consultant.

At the Utah Department of Corrections, Desmond worked to expand treatment resources for those on probation and parole throughout the State of Utah. He has a passion for helping others and was led by this passion to the field of therapy and corrections. He thoroughly enjoyed facilitating outward mindset workshops within the Utah Department of Corrections and saw the benefits that outward mindset brought to the department and the community it serves.

Desmond is an adjunct professor for the University of Utah in the field of forensic social work. He is a past president of the Utah Mental Health Counseling Association. He has a wife of 22 years who is a two-time cancer survivor.